



DESCRIPTION OF EXECUTIVE HEALTH SERVICES

May include the following dependent upon individual needs as assessed by physician:

- Complete physical exam by a staff M.D.
 - Private consultation with the physician before and after the tests
- Full Body CT Scan (chest and abdomen/pelvis; excludes colon and large intestine and) or
 - Chest x-ray; Abdominal Ultrasound
 - Exercise Stress Test
 - Resting EKG
- Cardiac Risk Profile
 - Full comprehensive lab work as requested by physician (including a PSA for men and Pap smear for women)
- Carotid Ultrasound – checks for brain blood vessel disease
 - Ankle Brachial Index – detects leg artery disease
- Pulmonary Function Test
- Mammogram for women**

**Mammograms cannot be scheduled through Austin Heart Hospital. If you choose to get your executive physical at Austin Heart Hospital, please schedule a separate mammogram with your OBGYN or schedule a mammogram appointment with Solis Mammography:

Solis Mammography – Plaza St. David's Professional Building

1015 East 32nd Street 3rd Floor, Suite 308, Austin, TX 78705

Office Hours: Monday – Friday from 8:00am to 4:30pm

Phone number: (833) 941-0329

- Body Mass Index/Composition
 - Nutrition Consultation
- Vision Test – A basic vision test will also be performed and will include a color vision. The interior of the eyes is part of the physical examination.